



[Ask Rose Ariadne  
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## **The Basics Of Wicca - What To Expect In Your Journey**

Wicca is a positive, personal celebration of life that each of us can experience in this life if we are interested. It is a joyous religion which commemorates our union with Nature. Wicca enables us to influence our environment and enable our spiritual growth and transformation, As they say, we are spiritual beings having a human experience. Mind, body and spirit go hand in hand and one is not separate from the other. The mind can influence the body and the spirit can influence the mind. We are not a body with a mind, but a complete being with an intertwined body, mind and spirit.

All life is powered by the Divine. Each cell in our body is guided by divine intelligence. Each atom in our body is a whole world by itself and represents a Universe with a nucleus and revolving bodies surrounding it.

Magick needs to work in harmony with nature and with the interaction into other realms which are not easily seen or grasped. As a Wicca practitioner, your first priority is to go inwards, to find your core, your center. Meditation will enable you to go to the center of your being and this will allow you to find that "inner sacred space" from which your intentions will spring forward.

Life is created by magick. Love between two humans creates another human being. The overpowering urge to unite with another is the energy that enables the union and creates life.

Similarly, when our deepest dreams are brought forth and pushed out into the Universe, magick happens. We realize the power of our words, our thoughts and our actions. We see how our positive thoughts create amazing opportunities. Even a hint of negativity can reduce the results drastically.





We look around and see our friends, family and co-workers, many of whom are unaware of their powers, either basking in glory of their achievements or bitterly complaining of their misfortunes.

We tell them to be more positive, to forget past mistakes and more past the failures. We want them to experience the knowledge and awareness of life that we feel. How powerful it is to know that we hold the secret to life! And it is all so simple!

Our life changes in front of our eyes. And we remember the thoughts and visualizations that brought it into reality. We also realize that we don't have to worry about our life anymore. We can have what we wish for. We can even help others by using our thoughts to inspire them.

We learn that sometimes it is best not to interfere in other people's lives. We can advise them, but we don't have to do anything for them. We don't really know what they want. We only know what we want from our life.

We can heal ourselves by thinking good thoughts and accepting our body as perfect the way it is. We stop comparing people with each other and comparing their fortunes or misfortunes. Different people measure life in different ways. Who are we to judge?

As we become better at creating magick, life unravels itself in front of our eyes. Everything seems so clear and meaningful. Nothing is a mystery anymore.

We see how people abuse the environment. How a human in one part of the world despises another just because they live in different areas. We can see how governments cause so much trouble between people for purely selfish reasons. We can see how our life is intertwined with that of another in the opposite side of this planet. We don't understand how one human can hurt another for any reason.

Many illnesses and health conditions disappear before our eyes. As we believe we are healed and whole, we learn to heal others. We choose natural food, try gardening and growing our own foods and eventually going back to nature for not only food, but medicines, cosmetics as well as household items.

Overall, life as a Wicca practitioner takes us to the highest level of consciousness in our experience as a human being.

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